

# VICTORIAN HEALTH AND WELLNESS

MVSA 2018



ROTATORY TRACTION—FIG. 10.

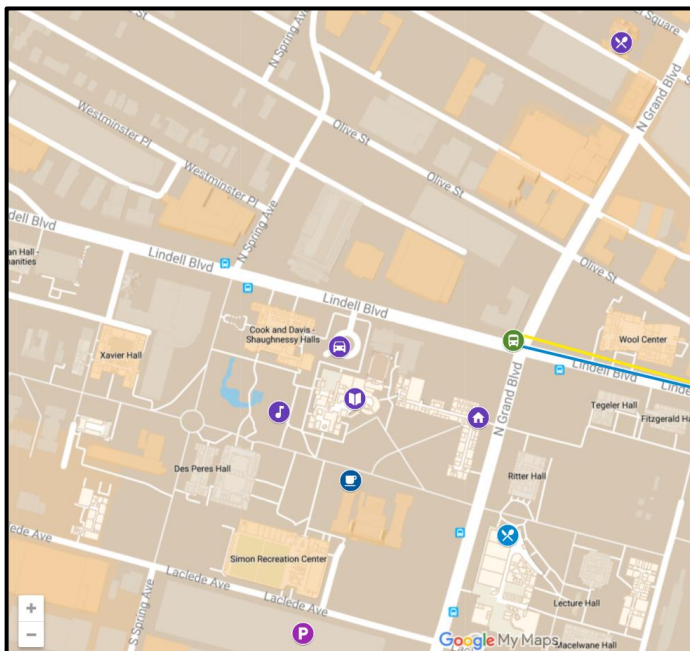
Illustration from *The Portable Gymnasium* by Gustav Ernst, 1861

April 20<sup>th</sup>-22<sup>nd</sup>

Saint Louis University


## Filming and photography

Please note that there is photography, video and audio recording at this event. By attending you consent to your image and voice being used both on and off line by the Sounding Victorian project and the Midwest Victorian Studies Association to promote our work. Please inform a member of staff before the event starts, if you do not wish to be filmed/photographed.




 DuBourg Hall, 221 N. Grand


 Pius X Memorial Library

 The Grandel Theatre, 3610  
Grandel Square (the northern-  
most icon on the map)

 Cupples House

 Laclede Parking Garage

 Shuttle Stop (Pius Library Loop)

 Bus Stop for Hotel (#10  
Southbound)

# MIDWEST VICTORIAN STUDIES ASSOCIATION



## Conference Venues

Conference events will take place in DuBourg Hall; the 2<sup>nd</sup> Floor Gallery of Pius Library; The Grand Hall at Grandel Theatre; Samuel Cupples House. Scan the below QR code to access a Google Map of conference venues and other points of interest in the area:



## Registration

Friday, April 20<sup>th</sup> from 12:00 PM to 3:00 PM in DuBourg Hall  
Saturday, April 21<sup>st</sup> from 7:30 AM to 12:00 PM in DuBourg Hall

## Friday and Saturday Dinner

Group dinner reservations for Friday and Saturday are available—please sign up at the registration table.



## Conference Highlights

### Friday, April 20

- 12:00 to 3:00 Registration, DuBourg Hall
- 1:00 to 1:15 Opening Remarks, Pere Marquette Gallery
- 1:15 to 2:45 Plenary Panel, Pere Marquette Gallery
- 2:45 to 3:00 Refreshment Break, Pere Marquette Gallery
- 3:00 to 4:30 Conference Session, Pere Marquette Gallery
- 4:30 to 4:50 Refreshment Break, Pere Marquette Gallery
- 5:00 to 6:00 Jane Stedman Plenary Lecture, 2<sup>nd</sup> Floor Gallery, Pius Library
- 6:00 to 8:00 Welcome Reception, 2<sup>nd</sup> Floor Gallery, Pius Library
- 8:00 Dinner in Saint Louis

### Saturday, April 21

- 7:30 to 12:00 Registration, DuBourg Hall
- 7:30 to 8:30 Breakfast and Conversation, Pere Marquette Gallery
- 8:00 to 10:00 Seminars, DuBourg Hall 404, 406, and 409
- 8:30 to 10:00 Conference Session, Pere Marquette Gallery
- 10:00 to 10:15 Refreshments, Pere Marquette Gallery
- 10:15 to 11:45 Conference sessions, Pere Marquette and DuBourg 409
- 12:15 to 1:45 Luncheon, Business Meeting, and Presentation of Arnstein Award, The Grand Hall, Grandel Theatre
- 2:15 to 3:45 Conference Session, Pere Marquette Gallery
- 3:45 to 4:00 Refreshments, Pere Marquette Gallery
- 4:00 to 5:30 Conference Session, Pere Marquette Gallery
- 5:30 to 7:30 Dinner in St. Louis
- 7:30 to 8:30 Concert: *The Window; or The Songs of the Wrens* (Tennyson/Sullivan), Samuel Cupples House

### Sunday, April 22

- 7:30 to 8:30 Breakfast and Conversation, Pere Marquette Gallery
- 8:30 to 10:00 Conference Session, Pere Marquette Gallery
- 10:00 to 10:15 Coffee, Pere Marquette Gallery
- 10:15 to 11:45 Conference Session, Pere Marquette Gallery
- 12:00 to 12:15 Conference Retrospective and Final Remarks; Presentation of the Burgan Prize for Best Graduate Student Paper, Sinquefield Stateroom, DuBourg 409
- 12:15 to 2:00 Discussion and light luncheon after the close of the Conference (please RSVP for luncheon), Sinquefield Stateroom, DuBourg 409

## Schedule of Events

### Friday, April 20<sup>th</sup>

12:00 to 3:00  
DuBourg Hall

#### **Registration**

1:00 to 1:15  
Pere Marquette  
Gallery

#### **Welcome, Phyllis Weliver, Saint Louis University**

#### **Opening Remarks, MVSA President Mary- Catherine Harrison**

1:15 to 2:45  
Pere Marquette  
Gallery

#### **Plenary Panel: Tissues, Nerves, and Organs**

Panel chair: Florence Boos, University of Iowa

“Are We Not Men?” Burns, Scarring, and Skin  
Grafting in Victorian Medicine and Culture  
Nancy Marshall, University of Wisconsin-Madison

Heart Trouble in Victorian Poetry  
John McBratney, John Carroll University

“To Repair Your Tissue or Regain Your Nerve”:  
Regeneration and Renewal in Robert Louis  
Stevenson’s Health Essays  
Maria Frawley, George Washington University

2:45 to 3:00  
Pere Marquette  
Gallery

#### **Refreshment Break**

3:00 to 4:30  
Pere Marquette  
Gallery

#### **Panel 1: Reproduction**

Panel Chair: Lesa Scholl, University of Queensland

“For Good or for Evil”: The Ethics of Abortion in  
Elizabeth Gaskell’s *Mary Barton*  
Emily Cody, Ohio State University

Behind “A Biographical Sketch of an Infant”  
(1877): Darwin, Consanguinity, and Child  
Development  
Tom Prasch, Washburn University

“Look at Her”: Reexamining Victorian Childbirth in  
Novels and Diaries  
Sarah Roth, Northwestern University

4:30 to 4:50  
Pere Marquette  
Gallery

### **Refreshment Break**

5:00 to 6:00  
2<sup>nd</sup> Floor Gallery,  
Pius Library

### **Jane Stedman Memorial Plenary Lecture**

Beauty, Fashion & Disease: Creating the  
Consumptive Chic in Early Victorian England  
Carolyn Day, Furman University

Introduced by Mary-Catherine Harrison, President,  
MVSA

6:00 to 8:00  
2<sup>nd</sup> Floor Gallery,  
Pius Library

### **MVSA Reception and Welcome to Saint Louis University**

6:00 to 8:00  
2<sup>nd</sup> Floor Gallery,  
Pius Library

**Exhibit by SLU Archives and Special  
Collections: Victorian Medical Instruments and  
Rare Books. Open for the duration of MVSA.**

8:00

**Dinner in St. Louis**

## **Saturday, April 21st**

7:30 to 12:00  
DuBourg Hall

### **Registration**

7:30 to 8:30  
Pere Marquette  
Gallery

### **Breakfast and Conversation**

8:00 to 10:00  
Sinquefield Stateroom  
DuBourg 409

**Seminar: Alternative Approaches to Health and Wellness**

Seminar Leader: Anne Stiles, Saint Louis University

Promises of Purity: Marketing Morality at the Battle Creek Sanitarium

Emily Bailey, Towson University

Manasseh the Witch: Disability and Witchcraft in a Transatlantic Context

Saffyre Falkenberg, Texas Christian University

“A Little Knowledge is a Dangerous Thing”: The Rural Cottage Nurse Debate, 1880-1910

Martha Groppo, Princeton University

Hydropathy and the Victorian Liberal Subjectivity in Bulwer-Lytton’s *Confessions of a Water Cure Patient*  
Haejoo Kim, Syracuse University

Bad Medicine and Good Health in the Contagious Diseases Acts Repeal Campaign

Ellen O’Brien, Roosevelt University

The First Health Food Empire: Eustace Miles and Life Reform

Elsa Richardson, University of Strathclyde

“Words of Healing”: Automatic Writing as Treatment and Prescription in the Victorian Age

Jack Rooney, Ohio State University

Lydia Fowler’s *Nora: The Lost and Redeemed*:

Feminism and Alternative Medicine

Kristine Swenson, Missouri University of Science and Technology

Victorians’ Use and Practice of Mesmerism as Alternate Health Care and the Intriguing Issue of Plausibility

Beth Torgerson, Eastern Washington University

8:00 to 10:00  
DuBourg 406

**Seminar: Health and Environment in the  
Nineteenth-Century British World**

Seminar Leader: Christopher Ferguson, Auburn  
University

Charles Kingsley and Victorian Sanitary Reform  
Katelyn Ball, University of Missouri-Kansas City

Charles Kingsley and Victorian Sanitary Reform  
Theodore Koditschek, University of Missouri

Topographies of Medicine and Death in Margaret  
Harkness's Late 1880s Writings of London  
Jason Finch, Abo Akademi University

"Cantile's Crisis": The Rise of the "City Disease" in  
Late Victorian Britain  
James Harris, Ohio State University

Health, Environment, and the Imperial Hunt in  
Victorian Adventure Fiction  
Tyler Groff, Miami University

Embodying Utopia: Tracing Human and  
Environmental Health in William Morris's *News from  
Nowhere*  
Heather Ennis, University of Illinois Urbana-  
Champaign

Health, Climate, and Political Economy in Elizabeth  
Gaskell's *North and South*  
Brian Rodriguez, University of Missouri

**8:00 to 10:00**  
Bruemmer Conference  
Room,  
DuBourg 404

**Seminar: In Sickness and in Health:  
Representing Victorian Illness**

Seminar Leader: Carolyn Day, Furman University



Diabetes as a Mental Disease in Victorian England  
Edward Beasley, San Diego State University

A Woman with a Will: The Success of the Ladies  
Sanitary Association  
M. Renee Benham, Ohio University

Verbalizing Victorian Contagion: Constructing  
Sanitation in Medical Narratives  
Chung-jen Chen, National Taiwan University

Yearning for Stability: The Tragic Use of Diachylon  
as an Abortifacient in Victorian Working Class  
Women  
Catherine Ciavarella, California State University  
Fullerton

From Sairey Gamp to the Lady with the Lamp:  
Representations of Female Nurses 1850-1890  
Nina Harkrader, New York University

(Not) Seeing is (Not) Believing: Smallpox and  
Victorian Visual Culture  
Matthew Kerr, Santa Clara University

“Sweet Dreams” and “Quiet Breathing”: The  
Changing Legacy of a Mystifying Killer  
M. Kari Nixon, Whitworth University

Ministers and Medicine: Faith, Medicine, and  
Natural Theology in Charles Kingsley’s “The  
Physician’s Calling”  
Heather Thornton, American Public University

“A Pageant of Shadows”: Surveying the Sick in W.  
E. Henley’s *In Hospital* and Eliza Lynn Linton’s “At  
Night in a Hospital”  
Janice Zehentbauer, Sheridan College

8:30 to 10:00  
Pere Marquette  
Gallery

## **Panel 2: Healthy Forms**

Panel Chair: Blanca Santonja Gonzalez, Saint Louis  
University

Volitional Health between George Eliot and  
Nietzsche: Seeking an Active Will in *The Mill on the  
Floss*

Walter Merryman, University of California-  
Riverside

“Morbid” Passions and “Healthy” Emotions in the  
Poetry of Gerard Manley Hopkins  
Brett Beasley, Loyola University Chicago

Channeling Browning in the Development of  
Clinical Case Narratives  
Mark Clark, University of the Incarnate Word

10:00 to 10:15  
Pere Marquette  
Gallery

## **Refreshments**

10:15 to 11:45  
Sinquefield Stateroom,  
DuBourg 409

## **Panel 3: Mental States**

Panel Chair: Elizabeth Chang, University of  
Missouri

New Models of Moral Treatment: The West Riding  
Pauper Lunatic Asylum at Wakefield, 1830-1870  
Austin Spain, Auburn University

“I Turn to My Diary for Repose”: Sanity and Self-  
Reflection in Victorian Britain  
Lynn Linder, West Virginia Wesleyan University

Diagnosing the Monologue: Form as Symptom of  
Post-Crimean Trauma  
Kyle Barton, University of Iowa

10:15 to 11:45  
Pere Marquette  
Gallery

**Panel 4: The Senses**

Panel Chair: Charles McGuire, Oberlin College  
Conservatory

Rest and the Resistant Listener: Reading Husbands  
and Snoring Wives in Late Victorian Literature  
Kate Nesbit, University of Iowa

Pitched Battles? Vocal Health and the British Pitch  
Debate  
Chloe Valenti, Fitzwilliam College, University of  
Cambridge

Falsetto and Late-Victorian Voice Culture  
David Rugger, Indiana University

12:15 to 1:45  
The Grand Hall,  
Grandel Theatre

**Luncheon, Business Meeting, and Presentation  
of Walter Arnstein Award**

2:15 to 3:45  
Pere Marquette  
Gallery

**Panel 5: Healthy Habits**

Panel Chair: Jessica Campbell, McKendree  
University

You Are What You (Don't) Eat: Appetite and the  
Nineteenth-Century Female Body  
Jessica Witte, University of Illinois Urbana-  
Champaign

Nutritional Austerity and Social Justice in Alice  
Meynell's "To the Body"  
Lesa Scholl, University of Queensland

The Curative Power of Victorian Domesticity: Mrs.  
Beeton's Approach to Medical Self-Sufficiency  
Heidi Hakimi-Hood, Texas Christian University

3:45 to 4:00  
Pere Marquette  
Gallery

**Refreshments**

4:00 to 5:30  
Pere Marquette  
Gallery

**Panel 6: Sick and Well Bodies**

Panel Chair: William McKelvy, Washington  
University in St. Louis

Beware the Bicycle Stare: Health, Danger, and the  
Outsider in Victorian Cycling Tourism  
Erin Chamberlain, Washburn University

“The Mere Pleasure of Toil”: Moving Bodies in  
Muscular Christian Novels  
Laura Hayes, University of Iowa

“It Looks Well in the Newspapers”: Queer and Sick  
Bodies in Henry James’s “The Death of the Lion”  
Lauren McCoy, Lindenwood University

5:30 to 7:30

Dinner in St. Louis

7:30 to 8:30  
Samuel Cupples House

**Concert: *The Window; or The Songs of the  
Wrens* (song cycle), words by Alfred Tennyson,  
music by Arthur Sullivan.  
Introduction, Phyllis Weliver, Saint Louis  
University.  
Tenor, Justin Vickers. Piano, Geoffrey Duce.**

**Sunday, April 22nd**

7:30 to 8:30  
Pere Marquette  
Gallery

Breakfast, Coffee and Conversation

8:30 to 10:00  
Pere Marquette  
Gallery

**Panel 7: Coping and Healing**

Panel Chair: Carolyn Hogan-Downey, Saint Louis  
University

Helen Burns as Neurocosmopolite  
Elissa Myers, CUNY Graduate Center

“I must listen, listen, listen in a passion of attention”: The Soundscape in William Ernest Henley’s *In Hospital*  
Lydia Maunz-Breese, University of Iowa

10:00 to 10:15  
Pere Marquette  
Gallery

Coffee

10:15 to 11:45  
Pere Marquette  
Gallery

**Panel 8: Dirt and Germs**

Panel Chair: Ellen Crowell, Saint Louis University

“Our Invisible Friends and Foes”: Health and  
Illness through the Victorian Microscope  
Laura Forsberg, Rockhurst University

The Productive Ambiguity of Disease in Dickens’s  
*Bleak House*  
Jennifer MacLure, Kent State University

“Where There is Dirt There is System”: Gender,  
Thrift, and Victorian Taxonomies of Waste  
Deirdre McMahon, Drexel University

12:00 to 12:15  
Sinquefield Stateroom  
DuBourg 409

**Conference Retrospective and Final Remarks  
Presentation of the Burgan Award for Best  
Graduate Student Paper**

12:15 to 2:00  
Sinquefield Stateroom  
DuBourg 409

**Discussion over light lunch (RSVP)**

We are grateful to Saint Louis University  
for their generous sponsorship and support of this conference.



**Please join us for future MVSA conferences:**  
Texas Christian University MVSA 2019

<b>Participants</b>	<b>Email</b>	<b>Twitter</b>
Lynn Alexander	lalexand@utm.edu	
Emily Bailey	ebailey@towson.edu	
Katelyn Ball	kabpp5@mail.umkc.edu	
Kyle Barton	kyle-barton@uiowa.edu	
Christina Bashford	bashford@illinois.edu	
Brett Beasley	bbeasle1@nd.edu	@Brett_Beasley
Edward Beasley	Edward.Beasley@sdsu.edu	
M. Renee Benham	mb371711@ohio.edu	
Florence Boos	florence-boos@uiowa.edu	
Heather Bozant Witcher	heather.witcher@slu.edu	@hbwitcher
Joshua Brorby	j.brorby@wustl.edu	@joshbrorby
Jessica Campbell	jacampbell@mckendree.edu	
Erin Chamberlain	erin.chamberlain@washburn.edu	
Elizabeth Chang	change@missouri.edu	
Chung-jen Chen	cameralover@mail2000.com.tw	
Catherine Ciavarella	catiecmc7571@csu.fullerton.edu	
Mark Clark	maclark2@uiwtx.edu	
Julie Codell	julie.codell@asu.edu	
Emily Cody	cody.50@osu.edu	@EmilyKCody
Sharon Cogdill	scogdill@stcloudstate.edu	@scogdill
Ellen Crowell	ellen.crowell@slu.edu	
Carolyn Day	carolyn.day@furman.edu	@carolynaday
Geoffrey Dulce	gjdulce@ilstu.edu	
Heather Ennis	hbennis2@illinois.edu	@BindingBriars
Saffyre Falkenberg	s.falkenberg@tcu.edu	
Christopher Ferguson	cjf0006@auburn.edu	
Jason Finch	jfinch@abo.fi	
Laura Forsberg	Laura.Forsberg@rockhurst.edu	
Maria Frawley	mfrawley@gwu.edu	@mariafrawley
Blanca Santonja Gonzalez	blanca.santonjagonzalez@slu.edu	
Tyler Groff	grofftr@miamioh.edu	
Martha Groppo	mgroppo@princeton.edu	
Heidi Hakimi Hood	heidi.s.hakimi@tcu.edu	@HeidiHakimi
Elizabeth Haller	elizabeth.haller@northern.edu	
Nina Harkrader	neh237@nyu.edu	
James Harris	harris.1631@buckeyemail.osu.edu	
Mary-Catherine Harrison	mc.harrison@udmercy.edu	@mchharrison
Laura Hayes	laura-hayes@uiowa.edu	@Laura_E_Hayes
Carol Hogan-Downey	carolyn.hogan@slu.edu	@melodramaton

Linda Hughes	l.hughes@tcu.edu	
Matthew Newsome Kerr,	mnewsomkerr@scu.edu	
Haejoo Kim	hkim117@syr.edu	
Hye Hyon Kim	hkim2@stcloudstate.edu	
Theodore Koditschek	KoditschekT@missouri.edu	
Lynn Linder	linder_l@wwvc.edu	@linderl1
Jennifer MacLure	jmaclure@kent.edu	@JennMacLure
Nancy Marshall	nrmarshall@wisc.edu	
Lydia Maunz-Breese	lydia-maunz@uiowa.edu	
John McBratney	jmcbiratney@jcu.edu	
Lauren McCoy	lmccoy@lindenwood.edu	@lemccoy
Charles McGuire	cmcguire@oberlin.edu	
William McKelvy	wmckelvy@wustl.edu	
Deirdre McMahan	dhm33@drexel.edu	
William Meier	w.meier@tcu.edu	
Walter Merryman	wmerr001@ucr.edu	@_WalterEmerson
Elissa Myers	elissam1330@gmail.com	@em1330
Kate Nesbit	katherine-nesbit@uiowa.edu	@nesbitkate
M. Kari Nixon	knixon@whitworth.edu	@HalfSickShadows
Ellen O'Brien	eobrien@roosevelt.edu	
Kathryn Pivak	kpivak@cottey.edu	
Tom Prasch	tom.prasch@washburn.edu	
Yopie Prins	yprins@umich.edu	
Elsa Richardson	elsa.c.richardson@gmail.com	@elsacrRichardson
Brian Rodriguez	berr76@mail.missouri.edu	@brodrigue2
Jack Rooney	rooney.89@osu.edu	
Sarah Roth	sarah.e.roth@gmail.com	@middleapril
David Rugger	dgrugger@umail.iu.edu	
John Sarnecki	john.sarnecki@utoledo.edu	
Les Scholl	l.scholl@uq.edu.au	
Austin Spain	ASL0008@tigermail.auburn.edu	
Anne Stapleton	anne-stapleton@uiowa.edu	
Anne Stiles	anne.stiles@slu.edu	
Joe Stubenrauch	Joseph_Stubenrauch@baylor.edu	@JoeStubenrauch
Kristine Swenson	kswenson@mst.edu	
Heather Thornton	heather.thornton@mycampus.apus.edu	
Beth Torgerson	btorgerson@ewu.edu	
Chloe Valenti	cv244@cam.ac.uk	
Justin Vickers	vickers@ilstu.edu	@JMVickers1974
Phyllis Weliver	phyllis.weliver@slu.edu	@PhyllisWeliver
Jessica Witte	jcwitte2@illinois.edu	
Janice Zehentbauer	Janice.zehentbauer@sheridancollege.ca	



Conference Hashtag

**#MVSA2018**

